

# RHNR FRIENDS' NEWSLETTER



THANK YOU FOR YOUR SUPPORT!

## CONSERVATION IN ACTION

Story and photos  
by kt bruce



During my recent visit to a work party, Warden David King described the habitat conservation that *Friends/SWT* volunteers are undertaking. "Reedbeds are of outstanding importance to wildlife," he told me. "Species such as Bittern, Marsh Harrier, Water Rail, Reed Warbler, Reed Bunting and Bearded Tit all now breed here. There are also Water Voles and Harvest Mice as well as many invertebrates."

He explained that maintaining the reedbeds stops the encroachment of willows. "If unstopped, willows increase the drying process of the reed beds," he went on, "and, fairly

quickly, the reedbed turns to a wet woodland; then the reedbed is lost with all of its specialist species."

The reserve relies on a band of volunteers to help keep the willow down. It's hard work but our volunteers come every two weeks and we meet and spend the day together."

"The dozen or so people who make up the work parties come from all walks of life," Peter, one of the regulars, explained. "Some want to help the environment, to get exercise, to 'give something back', to meet new people, socialise, bird-watch, learn about the flora and fauna on the reserve, or just to get out into the fresh air for a day.... What many may not know is how much organisation goes into setting up each work-party. Apart from the communication and planning, getting everyone to the work-site, bringing the right equipment, preparing the risk assessment, notifying the Fire Brigade (when bonfires are involved), and checking the weather, it takes several days' work to cut enough willow and prepare sites to keep the work-party busy for a whole day. Most importantly, David manages to make everyone feel welcome and important, and valued, which is as much as any volunteer really wants. The reserve is very lucky to have such a willing, capable and good-humoured bunch of volunteers, and they are lucky to have the chance to do something really worthwhile, and to be really appreciated."

I also met with Shannon who is our *Heritage Trainee* funded by the *National Lottery Heritage Fund* as part of the *Discover Rye Harbour* project. "I joined in with my first ever volunteer work party on November 8th," she told me. "It was great

to see the essential work that our volunteers do directly. I enjoy practical tasks, and seeing the willows burn was mesmerising and satisfying at the same time. What's more, I greatly admire all the volunteers whom I worked with. It was really nice to see the camaraderie and the friendships that have developed from regular work parties. All the volunteers respect Dave greatly, and he is a wonderful leader. His fairness and positivity really puts no strain on the work, which can be gruelling at times."

"Getting to know the volunteers has increased my appreciation for the work they do here," Shannon went on. "There was debate and discussion but also jokes and laughter; it was a really positive experience. Being active and socialising are the main appeals of volunteering for these types of work parties. One down-side would perhaps be the weather. Going into the winter months it can be unpredictable. We were very lucky, sunshine and a few showers for most of the day but the downpour started just as we were finishing. The work parties go ahead in most weathers and I am looking forward to joining future endeavours with plans for me to lead work parties myself."

## RESERVE MANAGER DR BARRY YATES RETIRES

After nearly 40 years of running the reserve Barry is retiring. It is the end of a period that has seen him make huge improvements in habitat and wildlife conservation.

FIND OUT  
MORE  
ON PAGE 2



## THE END OF AN ERA

*Dr Barry Yates has been the manager of Rye Harbour Nature Reserve for almost 40 years. Under his guidance it has developed into a site of international importance and has become the flagship reserve for the Sussex Wildlife Trust. Barry will retire next year and, in this article, he remembers his time at Rye Harbour.*



**M**y interest in wildlife began with my father taking me on fishing trips; sitting by lakes and rivers introduced me to wildlife and taught me patience...

At school, a tutor, Mr Holford encouraged my interest in biology, and revealed that university was a possibility. He guided me to study Zoology at Imperial College, where I often walked through the Natural History Museum on my way to lectures... what a privilege!

While in London I had a weekly escape to the countryside to train to be a bird ringer and this led to my three year study of nesting Redshank on an enormous saltmarsh in Lancashire.

Then in 1982 the *RSPB* sent me to Sutherland to count breeding Greenshank, Dunlin and Golden Plover and the next year to Shetland to study Red-necked Phalaropes – two amazing family summers in the far north of Britain. On reflection, Rye Harbour is a great place for all of those wading birds that I studied in remote locations!

During the following winter I volunteered with the *Sussex Wildlife Trust* (SWT) and summarised the wildlife records for Waltham Brooks



nature reserve. This led to me receiving details of the vacancy at Rye Harbour Nature Reserve, which included an Annual Report. I read it from cover to cover and it sounded a great place for wildlife, so I applied, got the job and started on 1st April 1984. My first working day was a *Sussex Ornithological Society* workparty, building an island on Ternery Pool with volunteers, lumps of concrete, a raft and a relaxed attitude to health and safety. We had such fun and that island is still being used by roosting birds. Nowadays we would not consider disturbing bird nesting islands after 1st March!



Anne and I moved to Rye Harbour village with our children and soon met so many lovely people. Helpful and supportive people like Peter Philpot (my almost full time volunteer who later co-ordinated the Tern Watch and became Membership Secretary of the *Friends*) and Ian Rumley-Dawson who chaired and steered the *Friends* for many years. He was succeeded by Nicky Frith, John Gooders, John Barnes and now Cliff Dean.

The *Friends* bought 2 Watch Cottage in 1985 and it has been a fabulous location from which we have managed the reserve. I say we because this has been a family effort: immediate family of Anne, David, Joanne and Lewis and then our family of friends and *Friends*. The cottage has been a family home and the base from which we looked after the nature reserve.



In my early days there was little funding for projects and I was the entire employed workforce, but we made progress with the help of many local supporters like Breda and Ernie Burt, Rene Regendanz, Jack Smith and the Langrish family. Don't forget that 40 years ago wildlife and its conservation was rather a *niche* interest... nowadays it's higher on the agenda.

The contribution of other nature reserve staff must not be overlooked. I took over from Richard Knight who left good records and reports. I got my first full time assistant in 1993 when SWT purchased Castle Water. In 1995 our EU project: *Two Bays, One Environment* (when we shared experiences with the Baie de Somme), funded a third member of the team and then a fourth was added through another project and since then we have somehow afforded to keep the team going.

For many years the *Friends* have funded 25% of staff costs. In date order my full time colleagues have been:- Dominic Funnell, Claudia Chambers, Paul Troake, Sam Smith, Miriam Bowley, Chris Bentley, Lucy Bowyer and David King – and the last three are still here, but we are now working in a larger Rye Harbour team.

In the background is the ever supportive Management Committee, chaired by George Edwardes-Jones, then Ann Moore and now Tony Lloyd. This committee has representatives





of East Sussex County, Rother District, Icklesham Parish and Rye Town Councils, Environment Agency, Sussex Wildlife Trust, the Friends, landowners and others – it's a partnership with common aims and has been the key to success here.

So, together we have made the nature reserve bigger, better and more joined up. Many rare species have thrived here, we have created large areas of reedbed, saline lagoons, saltmarsh and islands. This has created a wonderful place for people to have easy access to wildlife and the coast and we have provided many facilities, culminating in the opening last year of the Discovery Centre.

My work has not only been about Rye Harbour. There have been opportunities to help several local wildlife projects and I've met many like-minded people who came to wildlife management along very different routes. Some of these people enabled me to have some amazing wildlife experiences in projects abroad.

In 1993 SWT bought Castle Water (helped by funding from the Friends) and this was a whole new management challenge. We first made some small scale improvements to the pit margin



and then in 2003, working with the RSPB EU funded project *Reedbeds for Bitterns* we created 20 hectares of new wetland that has delivered Bitterns, Marsh Harriers, Black-winged Stilts and so much more.

When the Environment Agency bought Rye Harbour Farm in 2002, to build the new sea defence bank, it led to the exciting prospect of creating new saline lagoons, saltmarsh and grazing marsh. In 2011 it was great to let the sea back into an area that had been saltmarsh up until 1946, and watch it mature over the last 12 years. The saltmarsh and saline lagoons are a great wildlife spectacle and we were able to improve the public access around it.



Also in 2011 we moved from East Sussex County Council to SWT and although we are a long way from the HQ our new colleagues have come to understand what a special place our nature reserve is.

The project to create the Discovery Centre was initiated by the Friends, following a generous legacy from the Layton family who stayed in Rye Harbour and loved the reserve. It was a very challenging project and it was great to see the Friends and SWT working together to achieve the opening last year. Since then it has been so rewarding to watch the place develop and create a safe space for visitors, especially those with health issues.

Lucy and her team are now delivering a full and varied programme of educational and fun wildlife experiences for all ages and I would recommend you visit [www.youtube.com/user/RyeHarbourUK](http://www.youtube.com/user/RyeHarbourUK) to watch a series of interviews on how the centre has helped people in a variety of ways.

Very little of this would have happened without the support of the Friends. So much progress has



been made through the practical and financial support of members like you and I would like to say a personal big THANK YOU.

It's nearly time for me to hand over to a new custodian, but Anne and I will continue to support the reserve as volunteers, so we will not be leaving Rye Harbour just yet.....

### Barry's Wildlife Highlights

Discovering a fly new to science – *Megaselia yatesi* (with great help from Patrick Roper)

Collecting the evidence for a bird new to Europe – the Least Tern (wghf Howard Taffs)

Re-introducing an extinct species – Stinking Hawksbeard (wghf Brian Banks)

Managing a site with more than 100 breeding bird species – the latest was Black-winged Stilt

Little Tern is still a breeding bird and so the subject of the Friends' logo is safe.

Opposite Top Left: Barry  
Opposite Bottom Left: Purchase of the original Lime Kiln Cottage  
Opposite Middle: Creating islands  
Opposite Top Right: Barry and family  
Top Left: Photographing the recreated salt marsh  
Bottom left: Filming with Countryfile  
Middle: Filming with Kaddy Lee-Preston  
Top Right: At Camber Castle with Mule donated by Friends member Lynn Jenkins

## CHRIS ON THE RESERVE

Star bird this month was a juvenile Red-necked Phalarope. The Red-necked' in the English name comes from the colour of the summer plumage, while phalarope comes from Ancient Greek and means 'coot foot', referring to their lobed feet.



Golden Plover numbers on Flat Beach rose to peak at around 2000 on the 29th, while up to 45 Snipe and 19 Grey Plover were present on Harbour Farm and 49 Ringed Plover on the Beach Reserve.

Regular Greenshank included four at Castle Water, and a small number of Green Sandpiper, Common Sandpiper, Knot, Ruff and Sanderling throughout the month. Highlights were up to three Little Stint on Flat Beach Level, Curlew Sandpiper on the 9th and 14th (two) and regular Spotted Redshank with two on Harbour Farm on the 14th.



Waterfowl numbers began to increase with counts of 300 plus Wigeon, 150 Teal and 32 Pintail. Spoonbill was regular during October, with four on Harbour Farm, while two Great White Egret were sighted at Castle Water. October also saw probably the last of this year's terns with a single Sandwich Tern on Harbour Farm.



Raptors included late Hobby, Buzzard and regular Marsh Harrier, Merlin and Peregrine.

Star bird however was a male Hen Harrier at Castle Water. Short-eared Owl were seen on Harbour Farm and the Beach Reserve. Small number of Swallow and House Martin were seen, while an influx of Stonechat saw at least 17, with small numbers of Wheatear and a couple of Redwing.

Best of the bunch were a Dartford Warbler seen on Harbour Farm and a Black Redstart in Camber Castle, while a single Grey Wagtail was present on Harbour Farm. In addition a Coal Tit near Long Pit on the 15th was a real surprise and the first record in the area since 2010!

Highlights in the moth trap this month included Olive-tree Pearl, Scarce Bordered Straw, Gem, Vestal and Dark Sword-grass, while a Crimson Speckled was found on the 27th, the first reserve record. This month also saw a record of Monarch butterfly in Rye Harbour Village on the 26th.

<https://sussexwildlifetrust.org.uk/news/october-2021-rye-harbour-nature-reserve-sightings>

## NEW HERITAGE LOTTERY TRAINEE



photo: Kathy Crowther

Last year's trainee Tim Castle has finished his time with us and has started a new job, so we now welcome new trainee Shannon Rae.

Shannon will be on the reserve for the next year and has already been helping out with regular *Wild Beach* sessions.

She has also been working with our warden Chris on butterfly and dragonfly surveys and with the moth trap. In future she'll be having a go at snail and plankton surveys.

Along with her learning on the reserve Shannon is also undertaking *Level 3 Forest School Training* which enables her to work with children using tools such as knives and saws and showing youngsters how to light camp fires safely.

## STAY IN TOUCH ON SOCIAL MEDIA

**Facebook:** [www.facebook.com/Friendsofryeharbournaturereserve](http://www.facebook.com/Friendsofryeharbournaturereserve)  
[www.facebook.com/RyeHarbourNR](http://www.facebook.com/RyeHarbourNR)

**Twitter:** [www.twitter.com/rhnrfriends](http://www.twitter.com/rhnrfriends)  
[www.twitter.com/ryeharbour\\_NR](http://www.twitter.com/ryeharbour_NR)

**Instagram:** [www.instagram.com/ryeharbournr](http://www.instagram.com/ryeharbournr)

Or you could consider signing up to the nature reserve's monthly e-newsletter from SWT. The link is at the bottom of the website:  
[www.sussexwildlifetrust.org.uk/ryeharbour](http://www.sussexwildlifetrust.org.uk/ryeharbour)



## WANDERING WILDLIFE WITH ALAN MARTIN

### THE RED-NECKED PHALAROPE



Grey and Red-necked Phalaropes are rarely recorded in Sussex with 67 reported Grey Phalaropes this century (to 2021) and only 10 Red-necked Phalaropes. These records are mostly in the autumn and always near the coast. This is only the 8th record from Rye Harbour, and the first since one stayed for seven days in August/September 2003.

On their wintering grounds Phalaropes live a pelagic life out on the sea and far from land. Most European Red-necked Phalaropes are thought to migrate south-eastwards towards the Arabian Sea. However, a recent record of a bird tagged with a geolocator in Shetland, flew across the Atlantic, via Iceland and Greenland, southwards down the eastern seaboard of the USA, across the Caribbean and Mexico and ended up off the coast of Ecuador and Peru. It was then re-captured in the Shetlands the following year where the tag was removed.

This incredible migration route is the first recorded of its type for any European breeding bird. It suggests that the Shetland birds may be an offshoot of the North

One of the birding highlights for 2022 was the discovery of a juvenile Red-necked Phalarope on the reserve. It arrived on the 15th October and remained faithful to two small pools near the Mary Stanford Lifeboat House until its last sighting on the 30th October. On some days it came very close to the public footpath, giving wonderful views and photo opportunities.

Globally there are three species of Phalarope, of which only the Grey and Red-necked are regularly seen in the UK. The Red-necked is the only one that breeds in small numbers in the northern isles, usually having between 30-60 pairs.



American population rather than those that breed in northern Europe.

However the remarkable migration isn't the Red-necked Phalarope's only claim to fame. Unlike most species, once the eggs are laid it is the male that takes over the duties of incubating the eggs and looking after the young.

Separating Grey and Red-necked Phalaropes outside the breeding plumage can be challenging, but fortunately they are often very tame and obliging. Generally Red-necked Phalaropes are a little smaller and daintier than Grey Phalaropes with a very thin and always black bill. Juveniles have a more extensive and solid dark cap. Both species have the very distinctive feeding behaviour (unlike all other wader species) of swimming with a jerky movement whilst picking off small insects from the surface, and often spinning in tight circles. The confiding nature, beautiful plumage and quirky behaviour makes the Red-necked Phalarope a favourite amongst birders, and a welcome visitor to our nature reserve.

# NEWS AND PROJECTS

## CATCHING UP WITH THE CHANGING RESERVE

Until recently, the *Friends'* spending priorities had been relatively simple and reactive. We responded to routine *Sussex Wildlife Trust* requests for funds to support staffing levels, reserve maintenance, vehicle replacement and so on, as well as periodic assistance with bigger projects such as land acquisition and, most recently, the Discovery Centre.

In the last several years we have also taken the lead in producing books, films and merchandise in order to open the reserve to a wider range of visitors. To achieve these objectives we've raised funds principally from your subscriptions, donations and bequests.

As we all have seen, the reserve has changed a lot in the last couple of years, introducing potential new areas for the deployment of our funds.

The opening of the Discovery Centre has allowed us to interact with a far greater proportion of our many visitors than was ever previously possible and has placed the *Sussex Wildlife Trust* squarely at the centre of operations. We contributed nearly £2m to the building project and are committed to its success, so have bought some items to assist its operation.

A three year National Heritage Lottery Fund project has enabled an enormously valuable expansion of community and educational activities. but this funding comes to an end in 2024.

We want to see these initiatives continue to flourish and, although *SWT* is seeking alternative finance, we might need to make a contribution in this area.

Additionally, due largely to the national economic situation, running costs, both on the reserve and in the Discovery Centre, are rapidly increasing at a time when we're not sure how the rise in the cost of living will affect our income.

The *Friends' Constitution* was written many years ago and no longer reflects the shift in the balance of reserve operations and its likely future funding requirements.

In order to clarify our future priorities we need to update this fundamental document. The new constitution will specify the way that these priorities will fit in to the overall management of the reserve including both wildlife and visitors, and the transactions undertaken between *Friends* and *SWT*.

We have made a start in engaging the services of a Chartered Governance Professional with long experience in the 'not for profit' sector. He will review our documentation and give advice on modifications which will better reflect our present circumstances. We are confident that the new constitution will enable the *Friends'* subscriptions, donations and bequests to go towards helping to improve many aspects of the reserve.

## FRIENDS' XMAS CARDS AND PRODUCTS

*Friends'* Christmas cards will be on sale in the Discovery Centre and feature a Bittern in the snow, so don't miss your chance to stock up.

The *Friends* produce a range of gifts to raise money for the reserve. The popular *Seaside Flowers of Rye Harbour Nature Reserve* would make a great Christmas present for anyone who wants to find out more about our amazing habitats (£15). It tells the stories of the reserve's extraordinary plantlife and the range of rare creatures that depend on it for their survival.

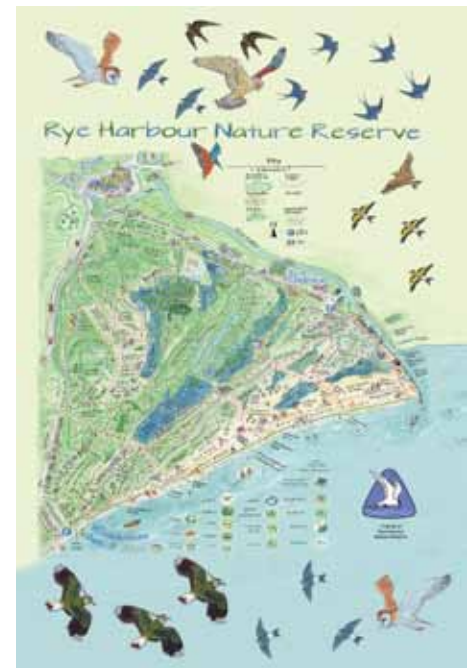
The *Friends* also have tea towels, mugs, coasters, cards and two more publications: *The Shingle Shore*, which offers a pictorial overview of the reserve and *New Ways of Looking* which is a poetry and art anthology (both £15).

All of these products have been designed, written and produced by volunteers and have raised thousands of pounds for the reserve over the years.

If you have skills to offer in the realms of web design, printing, design or publishing, the *Friends* would love to hear from you. Please contact:

[RyeSWTVolunteering@sussexwt.org.uk](mailto:RyeSWTVolunteering@sussexwt.org.uk)

if you'd like to get involved in the future.





## ANOTHER WAY IN AND OUT



There are more ways into the reserve than most visitors realise. I'm often asked by people who've walked to Rye Harbour down the road from Rye, whether there's any other route, one which does not involve traffic and factories. There is, but, at the moment it's neither obvious nor inviting.

A gate more or less opposite Brede Lock leads to a footpath which follows an old railway branch line which once moved shingle from the beach to the main line at Rye. It runs parallel to the road, behind the industrial estates and is flanked by trees on one side and open meadows on the other. It's quiet, with lots of wildlife, but also with a bit of mud on one section in the winter.

There's a finger post by the gate but it doesn't tell you where the path leads while encroaching scrub prevents you from seeing more than a short distance. Those who do not know it tend to avoid it.

However, we have been in contact with *ESCC Rights of Way* department, who are going to cut back the bushes and we have attached a notice to the gate showing where the path heads. This may have already been done by the time you receive this newsletter.

This path exits onto the road again about 500m North West of Rye Harbour church. Just before this there's a spur to the Reedbed viewpoint, where a raised platform gives fabulous views towards the castle, with many marsh birds to be seen and heard.

## A NEW WREATH

South of Camber Castle, beneath a clump of oaks, rests a stone. It marks the spot where a young Canadian pilot was killed when his Hurricane crashed there during the Battle of Britain on August 29th 1940. This memorial was created six years ago, after we heard that the oaks came from a single sapling planted by locally-based Canadian troops shortly after the crash. The meaning of these trees had been forgotten so we acquired a stone to mark it and with the help of the Environment Agency and Frank Langrish, who farms the site, it was transported, cut and incised by current Trustee James Tomlinson.

Following its installation on Battle of Britain Day 2016, the stone has borne a poppy wreath annually on Remembrance Day but this year it will be a little different. Instead of the plastic ones from the Royal British Legion, the Rye Harbour Craft Group have produced a knitted wreath which can be mounted on the stone and removed after a few weeks.



## WHAT YOU THINK

"I love this walk from the car park at the top. All the way down to the beach. I like collecting shells and breathing in the glorious fresh sea air. It's so peaceful."

Beverley K

## A NEW NAME FOR A VERY OLD POOL



When the Red-necked Phalarope was spotted, there was some confusion amongst those trying to see it because we had no name for the pool which it favoured.

A similar event several years ago (when we found a Red-backed Shrike in bit of scrub to which we lacked any common reference), launched a new reserve map which sought to include all sites with current or historic names. The map was drawn up by *Picturemaps* and can now be found printed on a tea-towel (see page 6) available at the Discovery Centre (which can be folded up and easily carried about the reserve) should you want to know the whereabouts of, for instance, Shrimpers' Path or Cuckoo Corner. This little pool is not on it however, a double pity because it is one of just two natural water bodies on the reserve – a relic caught between two shingle ridges rather than one resulting from shingle extraction.

A solution was not hard to find, thanks to its proximity to Gasson's Ruin: it's now "Gasson's Pool"

## ABOUT THE FRIENDS

The Friends work in partnership with Sussex Wildlife Trust, other local organisations and landowners through a management committee to agree the way forward for Rye Harbour Nature Reserve.

The Friends now have more than 2,000 members who make a big difference to the reserve by providing funds, but many also give their time as volunteers to support the work of the reserve staff. Friends are kept informed about the reserve with three of these newsletters per year and staff organise exclusive guided walks for members.

The Friends are involved in a huge range of activities on the reserve. They help fund staff and equipment, they help with outdoor workparties, with educational activities, they staff the information desk at the Discovery Centre, they produce and post out the newsletter, manage membership and organise great talks and events. The Friends have also funded five hides on the reserve, all of which are accessible.

The Friends funded the original purchase of Lime Kiln Cottage, the installation of the temporary information centre and, most importantly, the initial contribution of £1.5M towards the Discovery Centre Project. Friends' donations helped to buy Castle Water and to transform it from a gravel dredging site to the amazing reedbed that it is today.

They also pay for vehicles and machinery to maintain the reserve. Friends contribute annually to providing staff on the reserve so that we have a wide variety of fun activities for adults and children alike.

Friends volunteers have helped offer information to visitors for many years. Staff regularly lead volunteer work parties to litter-pick, create and maintain habitat such as the wader pools and reedbeds and to help out with the various jobs that need to be done on the reserve.

The Friends are an amazing group... thanks for being one of us.

## FRIENDS' WALKS

January 8 9.00 am

### A WINTER'S WALK

An easy and convivial stroll around the Flat Beach circuit Distance 3.5. km. Meet 9 am in the car park Suitable for adults and accompanied children. Friends of Rye Harbour Nature Reserve Walk – free to members of the Friends – minimum donation of £3 requested from non- members, No pre booking necessary

February 5 9.00 am

### WINTER WATERFOWL

counting the ducks and Geese at Castle Water Distance 8 km. Meet in the car park at 9.00a.m Suitable for adults and accompanied children. Friends of Rye Harbour Nature Reserve Walk – free to members of the Friends – minimum donation of £3 requested from non- members, No pre booking necessary

March 12 9.00 am

### BEACHWATCH

a circuit of the beach reserve spending a little time sea watching- Distance 6 km. Meet in the car park at 9.00a.m Suitable for adults and accompanied children. Friends of Rye Harbour Nature Reserve Walk – free to members of the Friends, minimum donation of £3 requested from non- members, No pre booking necessary

### SWT/Friends event GUIDE IN THE HIDE

Saturday 21st Jan	10am- 3pm	Gooders Hide
Sun 19th Feb	10am- 3pm	Gooders Hide
Sat 25th March	10am- 3pm	Gooders Hide
Sat 22nd April	10am- 4pm	Gooders Hide
Sat 20th May	10am- 4pm	Gooders Hide

### FRIENDS ADDRESS:

Friends of Rye Harbour Nature Reserve  
c/o Rye Harbour Discovery Centre,  
Rye Harbour Road, Rye Harbour,  
Rye TN31 7FW

Contact SWT staff at :  
rhnroffice@sussexwt.org.uk

### FRIENDS' COMMITTEE

Chair	Cliff Dean
Vice Chair	Phil Jones
Secretary	John Baker
Treasurer	Mike Russell

Committee:  
Linda Wren, Catherine Emmitt, ,  
James Tomlinson, Claire Bayntun,  
Alan Martin, Stephen Masters,  
Christine George

Membership Secretary  
Patrick Bonham  
3 North Salts, Rye,  
TN31 7NU  
01797 222480

### WEBSITES:

#### THE FRIENDS

[www.rhnrfriends.co.uk](http://www.rhnrfriends.co.uk)

#### ABOUT THE RESERVE

[www.sussexwildlifetrust.org.uk/ryeharbour](http://www.sussexwildlifetrust.org.uk/ryeharbour)

#### THE NEWSLETTER

Newsletter Editor: S Morgan  
We print on paper made from: timber/  
fibre from an FSC-certified forest,  
reclaimed timber/fibre, or timber/fibre  
from other controlled sources. *Please  
consider saving resources by having  
an e-newsletter.*